



## South Family Hubs January/February Timetable 2025

#### Other community venues we deliver at:

#### Bawtry Mayflower

Station Road, Bawtry, Doncaster, DN10 6RQ

#### Edlington Helping Hands

Edlington Lane, Edlington Doncaster, DN12 IPL

#### St John's Baptist Church

Church Rd, New Edlington, Doncaster DN12 1AX

#### ECO centre

Edlington Community Organisation, New Edlington DN12 1AB

### We can't wait to see you!



Discover the sessions, activities, support and events taking place this winter for families of children aged 0-5 and beyond!

## Join us at:

Denaby Family Hub Mexborough Family Hub Rossington Family Hub

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Proudly supporting families in South Doncaster including: Denaby • Conisbrough • Edlington • Mexborough Rossington • Auckley • Bawtry • Finningley . Tickhill Wadworth • Warmsworth

www.yourlifedoncaster.co.uk/family-hubs





#### **First Friends** (Birth to crawling)

Come and play together within a safe informative and stimulating environment, which is welcoming and supportive to all. Health and development advice available from a Nursery Nurse.

#### **Baby Massage** (Invite only)

From 6 weeks, you will be invited to book these sessions by your Health Visitor -You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. Call the Health team for more information on 0300 021 8997.

### **Dads Time**

#### (All welcome)

A fun session for Dads and other male carers. This session includes both inside and outside play for you and your under 5's to explore.

#### **Busy Babies** (Crawling to walking)

A follow-on session from First Friends or Baby Fun, this session includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play. This session may get messy so you may need a change of clothes for your little one.

#### (From walking onwards. Toddler Time Younger siblings welcome)

Welcoming and supportive environment to help children prepare for nursery including a range of fun filled activities such as sensory, outdoor, messy play, music and instruments, books and stories. A healthy snack is provided for children to sit and enjoy together.

#### **Tuneful Chatter**

Here, your children will have fun exploring music, dance and drama activities in relaxed sessions. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council, and led by Darts, Cast and Doncaster Council's Early Years Intervention and Prevention Service.

### ECO Family Fun Club

Come and connect with other families in a safe and nonØjudgemental environment. Our after school club is for children who may benefit from support with their social and emotional wellbeing and their development. Booking is preferred as we recognise there is growing need for relaxed and quieter activities or sessions. Booking on will allow us to create this environment. However, we understand that sometimes booking on is not always possible and families will be welcomed.

### Forest School (Walking to school age)

Forest school provides children with the opportunity to explore and learn in the natural environment. Investigating wildlife, plants, and trees of the local woodlands, through fun and interactive activities, including den building, bug hunting and using a range of tools.

#### Stay & Play (All welcome)

Come along and join us for our Stay and Play session which offers a fun session for you and your child to play and learn new skills with a range of fun filled activities, that includes sensory, outdoor, messy play, music and instruments, physical toys and games ,book & stories, singing and snack time.

# January-February Timetable

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HUBS	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Denaby	Busy Babies 9.30am - 11.00am	Toddler Time 1.15pm-2.45pm	Stay & Play 9.30am-11.00am	First Friends 9.30am-11.00am	Breast Start 9.30am-11.00am
				Forest School 9.30am-11.30am	Baby Fun 1.00pm-2.30pm
Mexborough	Childminders Drop-in 9.30am-11.30am	Stay and Play 9.30am-11.00am	First Friends 9.30am-11.00am	Busy Babies 1.15pm-2.45pm	Toddler Time 9.30am - 11.00am
	Tuneful Chatter 1.30pm-2.30pm				Baby Massage 1.15pm-2.45pm Invitation only from your Health visitor.
Rossington		Dad's Time 9.30am - 11.00am Busy Babies 1.00pm-2.30pm	First Friends 9.30am-11.00am Breast Start 1.30pm-3.00pm	Stay & Play 9.30am -11.00am Toddler Time 1.00pm-2.30pm	LIGHT 9.30am -11.00am Peer Support Group
Edlington	First Friends 9.15am-10.30am Edlington - Helping Hands				Stay & Play 9.15am -10.45am Edlington St John's Baptist
	Baby Massage 11.00am-12.00pm Edlington - Helping Hands Invitation only from your Health visitor.		All of our sessions are <b>Dad/male carer</b> friendly		Church, DN12 IAX
Other venues	Baby Fun 1.15pm-2.30pm Conisbrough Library DN12 3ND	First Friends 1.00pm-2.30pm Bawtry Mayflower DN10 6RQ	N XIL	Breast feeding support & guidance available from qualified Family Hub Staff in all of our hubs. Monday - Friday	

# Sessions É Activities

### Childminder Drop-in Sessions

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also give the opportunity for networking.

#### **Breast Start**

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breast feed with support from a health care professional.

#### Baby Fun (Birth to crawling)

Enjoy some quality time with your baby, exploring lots of sensory activities as well as making new friends.

### LIGHT Peer Support Group

Light is a pre- and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. This group is bookable in advance by calling 01144 388962.

#### Other Services and Support

You can also access information and support around volunteering, counselling services, how to join our parent groups or become a parent champion, access wider feeding support and much more.

for more information about each of these, visit www.doncaster.gov.uk/familyhubs

Call into your local Family thub and speak to a member of staff, or search for your local Family thub on Facebook for all the latest updates and don't forget to follow us!



## Our venues

### Denaby Family Hub

School Walk Denaby Main DN12 4HZ 01302 737436

### Mexborough Family Hub

Wath Road Mexborough S64 9ED 01302 736869

### Rossington Family Hub

Grantham Street Rossington DN11 0TA 01302 737440

Become a member at your local Family Hub!

For more information, visit: WWW.YOURLIFEDONCASTER.CO.UK/FAMILY -HUBS